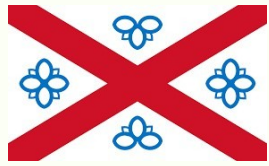




# Penrith Town Council



MAKING A DIFFERENCE IN PENRITH

# NEWSLETTER

Issue 10 September 2019

## PENRITH TOWN COUNCIL

UNIT 1, CHURCH HOUSE,  
19-24 FRIARGATE  
PENRITH  
CUMBRIA , CA11 7XR

## MEETINGS OF THE COUNCIL

23 September 2019

Meetings start at 6:00pm and are usually held at the Penrith Parish Centre, St. Andrews.

### September 2019

- Planning Committee -  
2nd September - 2.15pm
- CCEG Committee  
9 September - 4.00pm
- Finance Committee  
9 September - 6.00pm

Committee meetings are usually held at the Penrith Town Council Office in the Board Room.

**Members of the Public are welcome to attend all formal Council and Committee meetings.**

## MAYOR'S CHARITY - PENRITH FOOD BANK

The demand at food banks in Eden rose in 2019.

Penrith Food Bank is based at the Salvation Army, 1 Hunter Lane, CA11 7UY.

Councillor Doug Lawson, Mayor of Penrith visited the Food Bank to find out how the operation might benefit from support from the Town Council .



Cllr. Lawson has extensive experience in developing and supporting food banks.

Cllr. Lawson met volunteer and the Salvation Army Majors who run the Salvation Army's Food Bank, in Penrith.



People were referred to the food bank for a variety of reasons - help managing money, finding school uniform, sickness, and benefits advice.

Penrith Food bank handed out parcels that contained enough food to last up to five days. The parcels contained three meals for each day, snacks and toiletries as some people who were having difficulties with benefits claims were coming back every week as they waited up to five weeks for Universal Credit.

They had found that some people did not like to ask for help and waited until they were in a real crisis before they approached the food bank. Some people did not know that Penrith provided support like this.



If you would like to meet with any of your Councillors, please contact the office and make an appointment by calling 01768 899 773 or email [office@penrithtowncouncil.co.uk](mailto:office@penrithtowncouncil.co.uk). Your ward councillor details can be found on our website.

### **PEOPLE DID NOT KNOW WHERE TO GO FOR SUPPORT!**

The Salvation Army has a history of caring for people. The Penrith food bank is supported by a team of volunteers and donations are always needed. The Mayor hopes to promote Penrith Food Bank, raise the profile of the good work that it and its volunteers deliver in Penrith. Councillor Lawson would like to increase the amount of donations both in food and time that the Food Bank already receives.

### **What you can donate**

- Toiletries: deodorant, toilet paper, shower gel, shaving gel, shampoo, soap, toothbrushes, tooth paste, hand wipes
- Household items: laundry liquid detergent, laundry powder, washing up liquid
- Feminine products: sanitary towels and tampons
- Baby supplies: nappies, baby wipes and baby food – but not formula milk due to UNICEF regulations.
- Cereals
- Soup
- Pasta, rice, pasta sauce



**PLEASE DONATE**

**THANK YOU FOR MAKING A DIFFERENCE IN PENRITH**