



Penrith Town Council

FOR IMMEDIATE RELEASE

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Penrith Town Council Backs Life-Saving CPR Project with £1,895 Grant

Penrith Town Council has awarded a grant of £1,895 to Hearts United CIC, through its Community Grants Scheme, to support the delivery of life-saving CPR training sessions for the local community.

Building on the success of its recent heart screening events in Penrith, Hearts United CIC identified a strong demand for accessible, hands-on CPR and first aid awareness training. The £1,895 grant has enabled Hearts United to fund the purchase of vital equipment needed to deliver free community training sessions in Penrith.

On Monday 4 August 2025, Councillor Barbara Jayson, Deputy Chair of Penrith Town Council and Deputy Mayor of Penrith visited a session at and said:

"We are delighted to support Hearts United CIC with this grant. The project strongly aligns with the Council's aims of improving community wellbeing and empowering residents with essential life-saving skills."

"This initiative has the potential to save lives and visiting this session has shown me firsthand how valuable and engaging it is for participants. It's inspiring to see members of our community coming together to learn skills that could make a critical difference in an emergency. We're proud to back such impactful work and look forward to seeing its continued success."

The training sessions, which will be offered free of charge, are designed to give residents the confidence and skills to respond effectively during a cardiac emergency. Participants will learn how to perform CPR and gain a better understanding of the critical steps to take when someone experiences cardiac arrest.

Donna Mills, Hearts United CIC Director said:

"We're incredibly grateful to Penrith Town Council for this funding, which will allow us to launch a vital community training programme. By equipping more people with CPR knowledge, we're giving them the power to act decisively and potentially save lives."

"This project will bring people together, raise awareness of cardiac health, and build a stronger, more resilient Penrith."

Penrith Town Council's Community Grants Scheme provides financial support to voluntary groups and local organisations whose work benefits residents in Penrith.

For more information about Penrith Town Council's Community Grants Scheme, please visit www.penrithtowncouncil.gov.uk